

Video Game Addiction

"The compulsive playing of computer or video games, such that it interferes with everyday life."



"Those that are addicted to video games often play compulsively which can lead to adverse effects."

When a person is addicted to something, they need more of that thing to keep them satisfied, and if the individual does not get what they are craving, they may become irritable.

Fact I 2018



23 Hours

Video game streamer, Brian Vigneault, was live for a continuous 23 hours and died of unknown causes

Fact II 2018

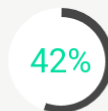


4 Study Subjects

Played video games for 50+ hours a week

- Out of a study of 3,000+, four people showed signs of major addiction, playing for 50+ hours a week
- Average length playing video games a week is 20 hours
- 40% of that study is noted to use video games to escape from reality

Fact III 2018



U.S.A. Population

Over 150 million Americans regularly play video games. 42% of the population play more than once a week

2018



Video Games IMPROVE



Improve vision



Communication skills



Learn budgeting

Although video games are linked to addiction, they are also proven to improve vision, communication and budgeting

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